

**Faith Formation Newsletter
Holy Spirit Parish**



1st Sunday of March, 2011

Dear Parishioners:

LENT-LENT-LENT-LENT-LENT-LENT-LENT

Remember these ideas from the last NEWSLETTER!
These ideas are your way of fulfilling the parish/family partnership in Religious Education.

- . Attend the WAY OF THE CROSS on Friday evenings @ 7:00 p.m.
- . Use the Mission boxes (Rice Bowls).
- . Use the Lenten Mission Calendars.

REPORT CARD FOLLOW-UP:

Most of the families have **returned the report cards**, and I am especially grateful to those who did take the time to respond to the ‘**section for parent information**’ and to those who wrote their thoughts in the ‘‘**comments**’’ section. If you have not yet returned the report card, **BE SURE** to complete the parent section for the 1st semester, --and make a note of the items for review during the 2nd semester. You still have time to put those events on your calendar and include them in your important activities.

PARISH RETREAT SIGN-UP CRHP

Here at Holy Spirit, we have two more **English** ‘‘Christ Renews His Parish’’ retreats planned. The dates:

Women: Mar. 19-20

Men: Apr.16-17

All members of the parish are invited to attend. For more information, contact these leaders:

Women: Sharon Szeszycki (861-3921)

Men: Pat Phillips (898-5545)

There will also be two upcoming **Hispanic** ‘‘Christ Renews His Parish’’ Retreats. The dates:

Women: Jun. 4- 5

Men: June 18-19

All members of the parish are invited to attend. For more information, contact these leaders:

Women: Leticia Torres (947-7503)

Men: Pablo Ruvalcaba (899- 4393)

RELIGIOUS EDUCATION CALENDAR
2ND SEMESTER 2011

Mar. 6	Class 10:15-11:30
Mar. 9	ASH WEDNESDAY
Mar. 13	CLASS 10:15-11:30 Time change, move forward 1 hr. + 1st Communion Retreat. Candidates and at least one Parent 1:00 - 3:00 p.m. in School Caf�. + 4 & 5 Gr. Combined Missions + Ashes + Mission Boxes go Home + Color Purple First Sunday of LENT
Mar. 19-20	<i>Christ Renews Retreat- WOMEN</i>
Mar. 20	NO CLASS
Mar. 27	NO CLASS
Mar. 28-Apr. 1 st	<i>COLLECT GARAGE SALE ITEMS</i>
SAT. Apr. 2	GARAGE SALE 7:00 – NOON IN THE GYM
Apr. 3	Class 10:15- 11:30 + NOON MASS
Apr. 10	Class 10:15- 11:30
Apr. 17	PALM SUNDAY

EAST DEANERY PARISH PENANCE SERVICES FOR LENT 2011:

- March 23**, 1p.m. at St. Philip Neri / Holy Cross at St. Philip
March 23, 7:30 p.m. Holy Spirit
April 4, 7:00 p.m. Our Lady of Lourdes, St. Bernadette & Little Flower at Our Lady of Lourdes
April 5, 7:00 p.m. St. Rita
April 6, 7:00 p.m. St. Thomas Fortville
April 7, 7:00 p.m. St. Michael Greenfield

CHURCH’S GUIDELINE ON FAST AND ABSTINENCE DURING LENT

1. Fasting means eating a lesser amount of food.
 - a. Only one full meal a day is allowed.
 - b. Two other small meals are allowed with the total amount of food not exceeding the full meal.
 - c. No food may be eaten between meals.
2. Catholics between the ages of 18 and 59 must fast.
3. The days on which we must fast are Ash Wednesday and Good Friday.
4. Days of abstinence are days on which we do not eat any meat at all. Dairy products, fish and sea food are allowed.
5. All Catholics over the age of 14 must abstain.
6. The days of obligatory abstinence are Ash Wednesday and all Fridays of Lent.
7. On Ash Wednesday and Good Friday both the laws of fasting and abstinence apply and no meat may be taken at any meal.

LENT: Fast From; Feast On

- Fast from judging others; feast on the Christ dwelling in them.
- Fast from emphasis on differences; feast on the unity of life.
- Fast from apparent darkness; feast on the reality of light.
- Fast from thought of illness; feast on the healing power of God.
- Fast from words that pollute; feast on phrases that purify.
- Fast from discontent; feast on gratitude.
- Fast from anger; feast on patience.
- Fast from pessimism; feast on optimism.
- Fast from worry; feast on divine order.
- Fast from complaining; feast on appreciation.
- Fast from negatives; feast on affirmatives.
- Fast from unrelenting pressures; feast on unceasing prayer.
- Fast from hostility; feast on non-resistance.
- Fast from bitterness; feast on forgiveness.
- Fast from self-concern; feast on compassion for others.
- Fast from personal anxiety; feast on eternal life.
- Fast from discouragements; feast on hope.
- Fast from facts that depress; feast on verities that uplift.
- Fast from lethargy; feast on enthusiasm.
- Fast from thoughts that weaken; fast on promises that inspire.
- Fast from shadows of sorrow; feast on the sunlight of serenity.
- Fast from idle gossip; feast on purposeful silence.
- Fast from problems that overwhelm; feast on prayer that undergirds.

FAITH FORMATION COMMISSION NEWS:

If you are interested in becoming a member of the Faith Formation Commission, PLEASE give your name to Sr. Joann. We need at least three new members each year. Inservice is provided. Commission meetings are held once a month on Sunday mornings at 9:00 A.M. in the Faculty Lounge.

REMINDER:

1.) Please, please return the registration form for '11-'12.
(It was the front attachment to the NEWSLETTER last month)

2.) Please return the Vacation Bible School registration form.
(Also, in the packet last month)

3.) Please return the volunteer form to help at the garage sale.
(Yes, in the same packet)

- Extra forms are available in the Religious Education Office.